



WHAT IF YOUR LUNCH COULD CHANGE SOMEONE ELSE'S DAY?

The farmer in drought

In parts of the world, land that could grow crops for local families is used instead to grow animal feed. A family in a country facing water shortages is watching their fields dry up - while nearby, huge amounts of water go to livestock farming.

A teenager in another country

She's the same age as you. She goes to school, has friends, and worries about exams. But getting nutritious food where she lives is not always that easy. Experts say that changing how we use farmland could help produce more food for more people globally.

A cow on a farm

She didn't choose to be here. Like you, she can feel comfort and fear. She has her own way of moving through the world - and her own preferences. She cannot speak for herself.

You

You make choices every day - about food, about time, about what you care about. Most of those choices feel small. But when lots of people choose the same thing, the effect gets bigger.

Questions

1. Which perspective surprised you the most?

Circle one: The farmer The cow The teenager You

2. Why?

3. One thing I hadn't thought about before is _____
